		l	m	x	j	v	s	d
07:30 - 08:20		PILATES ST1		BALANCE ST1				
09:30 - 10:20		BALANCE ST1	YOGA ST1		YOGA ST1			
10:30 - 11:20		GIMNASIA SUAVE		GIMNASIA SUAVE		PILATES ST1		
11:30 - 12:20			PILATES ST1		PILATES ST1			
12:30 - 13:20				BALANCE ST1		BALANCE ST1		
18:00 - 18:50				BALANCE ST2	ESTIRAMIENTOS			
18:00 - 19:00		PILATES ST2				YOGA ST2		
19:00 - 19:50						BALANCE ST1		
19:00 - 20:00			PILATES ST2		PILATES ST2			
20:00 - 20:50			BALANCE ST2		BALANCE ST2			
20:30 - 21:30		YOGA ST2		YOGA ST2				